

CENTRAL DELAWARE ENDOSCOPY UNIT

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It's time for your Colonoscopy.

Date:

Arrival Time:

Procedure Time:

A colonoscopy is a procedure to look in the colon for anything abnormal.

It is VERY important that your colon is cleared of all stool before your colonoscopy. This will allow your doctor to see the lining of your colon and look for any abnormalities; such as polyps or growths. To clean your colon, you must:

- Follow a **SPECIAL DIET THE WHOLE DAY BEFORE** your colonoscopy
- Take the prescribed bowel prep medication that you will get from your pharmacy

Special Diet:

You are only allowed to have **CLEAR LIQUIDS THE WHOLE DAY BEFORE** your colonoscopy.

Examples/Suggestions:

- Lemon lime or Ginger ale sodas
- Gelatin (NOT red or purple)
- Apple juice
- Ice popsicles (NOT red or purple)
- white grape juice
- coffee or tea (No creamer or milk)
- broth
- water

What you need to bring the day of the procedure:

- An adult driver (above the age of 18)
- Photo Identification
- Health Insurance Card
- 3 pages of paperwork filled out (Health Questionnaire attached to this page)

A nurse from the endoscopy unit will call you several days before your procedure to review your instructions and help you with any questions you may have about your procedure.

There is to be nothing in your mouth 3 hours before you arrival, not even water, gum, or candy. Failure to comply may result in cancellation.

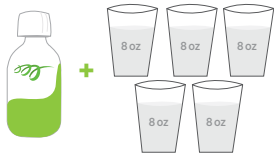
There is a CANCELLATION FEE of \$75.00 if less than 48-hour notice is given.

HOW TO TAKE CLENPIQ: DRINK, HYDRATE, REPEAT

SPLIT-DOSE REGIMEN

Evening Before

Between 5-9 PM



Drink 5 cups (40 oz) or more of clear liquids.*
Finish liquids over the next 5 hours.

Morning of

5 hours before procedure



Drink 4 cups (32 oz) or more of clear liquids.
Finish liquids 2 hours before your colonoscopy
or as advised by your doctor.



Hydration is important and it's part of the prep.
Make sure to hydrate before, during, and after the prep.

Prep Assistant

The time of your colonoscopy is _____:_____

Complete your prep and all hydration by _____:_____

1

ON THE DAY BEFORE THE COLONOSCOPY, stop eating all solid food and dairy, and start hydrating by drinking clear liquids.



2

Evening before your colonoscopy

- Drink one bottle of CLENPIQ
- Hydrate

Drink 5 or more cups (8 oz each) of clear liquid.



Start: _____:_____

Finish: _____:_____

Check off the cups as you go!

3

(5 hours before colonoscopy time)

- Drink the other bottle of CLENPIQ
- Hydrate

Drink 4 or more cups (8 oz each) of clear liquid.



Start: _____:_____

Finish: _____:_____

Check off the cups as you go!

*After your first dose, if severe bloating, swelling, or stomach pain occurs, delay the second dose until the symptoms resolve.
Please see reverse page for additional information about CLENPIQ, the importance of a clear liquid diet, and hydration.

INDICATION

CLENPIQ® is a prescription medicine used by adults and children 9 years and older to clean the colon before a colonoscopy. CLENPIQ cleans your colon by causing you to have diarrhea. Cleaning your colon helps your healthcare provider see the inside of your colon more clearly during your colonoscopy.

IMPORTANT SAFETY INFORMATION

- Do not take CLENPIQ if your healthcare provider has told you that you have serious kidney problems, a blockage in your intestine (bowel obstruction), an opening in the wall of your stomach or intestines (bowel perforation), a very dilated intestine (toxic megacolon), problems with the emptying of food and fluid from your stomach (gastric retention), or an allergy to any of the ingredients in CLENPIQ.
- CLENPIQ and other bowel preparations can cause serious side effects, including serious loss of body fluid (dehydration) and changes in blood salts (electrolytes) in your blood. These changes can cause abnormal heartbeats that may result in death, seizures (this can happen even if you have never had a seizure), or kidney problems. Your chance of having fluid loss and changes in blood salts with CLENPIQ is higher if you have heart problems, have kidney problems, or take water pills or non-steroidal anti-inflammatory drugs (NSAIDs).



CLENPIQ®

(sodium picosulfate, magnesium oxide, and anhydrous citric acid) Oral Solution

10 mg/3.5 g/12 g per 160 mL bottle

WHAT IS CLENPIQ?

CLENPIQ is a prescription medicine that cleans your colon.
CLENPIQ is ready for you to drink right from the bottle. It does not need to be mixed or diluted.
Do not refrigerate or freeze CLENPIQ.

What's in the CLENPIQ box?



Two bottles of CLENPIQ
(5.4 oz each)



An 8 oz cup for drinking
clear liquids



The Patient Medication Guide and the
Instructions for Use for your reference

Start Hydrating

On the day before your colonoscopy, start hydrating by
consuming only clear liquids and stop eating all solid foods and dairy.

Make sure to hydrate before, during, and after the prep.
Follow your doctor's instructions completely.

ACCEPTABLE CLEAR LIQUIDS FOR HYDRATING

Water	Ginger ale and other sodas
Black coffee or tea	Clear juices: such as apple or white grape juice
Clear broth or bouillon	Plain Jell-O
Sports drink	Frozen juice popsicle



LIQUIDS MUST NOT BE RED OR PURPLE. DO NOT CONSUME ANY ALCOHOL, JUICE PULP, MILK, CREAM, SOY OR NON-DAIRY CREAMER, OR OTHER LIQUIDS YOU CANNOT SEE THROUGH.